



CASE STUDY: EMPLOYER

Fortune 500 employer reduces projected health care spending by 13.9%.

Client

A Fortune 500 employer

SIZE CATEGORY: 5,000–10,000 employees

SELECTED FOR MOBE®: ~20% of the total population
(1,249 employees and adult dependents)



Key Takeaway

A Fortune 500 employer achieved strong engagement, improved health outcomes, and generated \$1.9 million in claim-cost savings versus projected spend among the MOBE-identified population in year one.

Year-One Highlights

Claim-Cost Savings:

13.9%
vs. Projected Spend

Engagement Rate:

31.2%

The Opportunity

Rising health care costs pressured the employer to find measurable savings and ROI. At the same time, employees and dependents were navigating a fragmented care experience, often managing multiple conditions, providers, and resources without a coordinated source of support. The employer needed a solution that could improve health outcomes while delivering transparent, measurable results.

How MOBE Helped

MOBE identified employees and adult dependents with the greatest opportunity for clinical improvement and reduced utilization. Its engagement approach connected participants with dedicated MOBE Guides, Pharmacists, and digital support—creating a coordinated experience across 36+ conditions and health concerns, medications, and care needs. Through evidence-based, personalized guidance, participants transformed their health and reduced health care utilization across multiple categories.

“Our employees and their families are managing increasingly complex health needs. MOBE meets them where they are with personalized support that puts their needs front and center, helping them engage with their health and get more from the benefits available to them.”

—Employer benefits team

Year-One Outcomes

Health Transformed



40% of participants with weight-loss goals lost at least 5% of their starting weight.



80% of previously sedentary participants increased their daily steps.



60% of participants who previously slept fewer than 7 hours now regularly get 7–9 hours of sleep.



75% of participants improved emotional health. | **67%** are managing stress better.

Medications Managed



98% of MOBE Pharmacist recommendations were accepted upon follow-up.

Utilization Reduced



4.5% fewer ER visits



12.9% fewer cardiologist visits



11.3% fewer inpatient stays



1.3% fewer labs

“ I think this is the best employee program that [my employer] has offered. I’ve experienced amazing recommendations that have helped my quality of life as well as excellent follow up from MOBE. ”

—MOBE participant

About MOBE

MOBE is a whole-person condition management company dedicated to helping individuals discover new ways to live healthier through personalized, evidence-based clinical and non-clinical interventions. Combining advanced data analytics, one-to-one health guidance, and digital tools, MOBE empowers individuals to optimize their physical health, mental well-being, and medication management. MOBE partners with employers and health plans to reduce health care claim costs by an average of 7.5% in the first year while enhancing participant satisfaction and well-being.

MOBE[®]

Achieve year-one savings with a personalized, whole-person, cross-condition solution.

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